

TFNOW

**THE FUTURE NOW
PROUDLY PRESENTS**

MEDIA OF THE PAST

**CREATED BY A GROUP OF INCREDIBLY TALENTED, INSPIRED,
BEAUTIFUL, SMART, AND YOUNG INDIVIDUALS DURING THE
YOUTH EXCHANGE IN VRATSA, BULGARIA 2021.**



MEDIA OF THE PAST



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YOUTH EXCHANGE 2021 VRATSA

BY EDITOR IN CHIEF - ANNA CSÍKÁSZ

The first day of our Media of the Future program had a strong kickoff. Young people from Slovakia, Slovenia, Bulgaria, Moldova, Italy and Hungary arrived to Vratsa to widen their perspective of media literacy and gain precious cultural experiences. These kind of programs are one of the best way of non-formal learning. Sharing our point of views and experiences with each other help us to became more empathic and open-minded.

Of course, it would not be much fun without our great organizers Raya and Ali. They conducted the exciting tasks through the day. We had the chance to take part in games, where we could get to know each other.

Personally, I am amazed that I could talk with everybody from the team today on the first day. I believe that this week is going to be a great adventure and through this experience we will be more conscious about media.



DONKEY ISSUES

BY SAMUEL

After a long journey by a bus, we have arrived to a beautiful looking place near a village of Vratsa. Our good looking hotel Kiparis, with very well equipped rooms (such as mine, without a WIFI and normal shower!) is surrounded by mountains, forests and meadows.



There are also some animals nearby - sleepy barking dogs, scary scorpions, horrifying bears and always welcoming donkeys

(IIII-HAAAAA)

And dont forget, be careful where you step, because theres a lot of shet.



INTRUDERS

BY SARA

On a first morning, after breakfast the participants got an unexpected visit from the wilderness, it was a black scorpion. Participant were really scared, some even ran out of the hallway. Luckily no one got hurt, not even the scorpion, who was safely returned to the wild.

The scorpion, as the leaders assured, was not dangerous. As it turns out they are quite common in Bulgaria. They are not poisonous and do not attack the human being.

But that did not assure the youngsters, who were still frightened and waited for his return. Maybe with just a little bit of luck, you can be one, he pays a visit.



FIRST INSTANT

BY CATERINA

In the Kiparis hotel we find instant coffee, I decide to taste it. At first glance I thought it's different from that I usually drink (obviously it's different from the classic espresso). Italians normally drinks short coffee, but long coffee is good all the same it keeps you company and warm for example on a winter day.

YUMMY IN MY TUMMY!

BY DANIELA

It was one of those defining meals, not just because the food was fantastic and I had a great cup of coffee after it, but thanks to the pleasant company in which we had the opportunity to dine.

A nourishing and a tasty food is definitely the one that gives you energy no doubt, but when you sit around the table, surrounded by people from all over Europe discussing topics such as: minimum wage per economy or types of pastas, you eat your food with a lot more pleasure than usual. And then my friends, then it's the moment when your food transforms from tasty to yummy.

We even had the opportunity to try the famous Bulgarian cheese that was grated over one of the salads.

From a vegetarian perspective here (mine) I really, really, really enjoyed the food, even though it was a little saltier than i'm used to, but hey, im always opened for new experiences, can't wait to see what's next.



Today's winner of the jokes is: (DRY ONES) Why did the old man fall in a well? Because he couldn't see that well.

MEDIA OF THE PAST

Foreword

Another day, another amazing fact! Sit down with today's fresh new copy of Media of the Past and learn something new about yourself and the world around you.

BY Editor-in-chief: Nora Predeva

Ode to Adidas

Adidas holds a special place in the heart of all Slavs. It is the Eastern Europe's unofficial uniform. Everybody can recognize **the LEGENDARY THREE STRIPES**. When you wear Adidas you show everybody that you are a person to be reckoned with, and not messed with. Unlike other brands (Nike), Adidas provides the advantage of diversity, from casual outfits to more elegant ones and **most importantly: the IMPOSING tracksuit**. When you think about Slavs and Slavic countries, the first thing that jumps to your mind are sunflower seeds, strong alcohol and most importantly **"THE ГОПНИК SQUAT"**- the national dance of the immortal.



By Marcu Belei



With its long history of warming the cold-hearted Slavs, Adidas provides all necessary tools to survive the harsh winters, and the inhospitable gopnik territory. **It's more than a brand; it's a culture, a life philosophy.** I raise a glass to Adidas and to all the happiness it has brought us over the years.

The Weather of the Past



PHOTO BY VICTORIA PREGUZA, PETER KALOCSAI

After the long and tiring journey to get to the amazing location that is “Kiparis”, Bulgarian Weather woke us up with the warmest and bright Sun you could ask for.

Being too hot to handle (and after roasting the group side to side), **the Sun finally disappeared**, closely followed by thick clouds. Some Drizzle cooled up the atmosphere from afternoon onwards, pleasing partying youngsters and allowing early sleepers to get some nice rest.

Other than the big thunder strike around 5 a.m., the night passed by smoothly.

And as for the second day (since you guys clearly could not see), **it was Foggy, very very foggy; definitely, the perfect day to play Hide and Seek... and never be found again.**

That's all for yesterday's Weather, Mike out.



By Michele Atzori

Last Saturday Night...



By Juš Hladnik

Saturday night started by eating a nice dinner with Bulgarian cheese spreads, kebab and souvlaki, which were all very good. The thirstiest people started drinking wine and beer, which they got from the best bar in town! The rest of the participants joined them after they saw how much fun they were having.



PHOTO BY MATE HALMOS

The night developed further in the bar of the hotel, where **we had a lot of fun drinking, dancing, singing, smoking, playing pool and board games.** Pool was the most popular game by far and something peculiar happened: **Alessia and Marcu played on the same team and somehow Alessia won, yet Marcus lost.** Strange indeed, but our top investigative journalists are still looking into it and will report further once they gather more information. **Andre taught Simona how to play checkers and even though she lost against him,** she showed a lot of promise and we will follow her career with great interest (and report on her next matches and results).

At some point everyone was grooving and danced to everything, from rock'n'roll to reggaeton to limbo dance. **The limbo dance was especially popular and we even got a whole competition going, which was jointly won by Alessia and Daniela.** Daniela also happened to be the star of the dancefloor alongside Andrea.

Thanks to its low price, we drank enough beer to convince the barman not to close the bar, so it was open all night long! We heard that there was another party going strong nearby and even though the rumors were that this party was hosted by the Bulgarian mafia, some of the bravest souls decided to go check it out. The trip ended quite soon, as they didn't actually know where the party was or where the sound was coming from.

3 Cups of Coffee a Day Keep the Sleep Away

Over 90% of participants in this week's Media of the Future project report to have consumed a minimum of 1 litre of water during the first official day of their stay. As you all know, **water is the spice of life** and I'm more than happy to know that you're all keeping up with your required H2O intake – despite the busy schedules.

Speaking of busy schedules, brains have been stimulated and blood pumped full of go-go juice – **caffeine seems to have been a popular drink during day #1 of the project**, as almost 52% of participants in the survey claim to have consumed a minimum of 3 cups that day, with 15% of them going as far as to have downed 5 cups or more. **A surprising 31% however appear to have survived the day without so much as sniffing a cup of Joe.**

Lastly, a large majority of participants seem to have thoroughly enjoyed day #2's cup of breakfast OJ! The chilled orange juice was rated delicious by the majority of breakfast-goers, with just 1 participant claiming to be "neutral" about the drink.



By Editor-in-chief: Nora Predeva

And there you have it, folks! Remember to keep your water intake high, your spirits hot and your brains happy (but do go easy on the caffeine, dang).

On the situation in Afghanistan



By **Adrián Chokoláček**

At the end of our newspaper, I would like to spare a minute or two writing about Afghanistan and the current situation there.

I think everybody has seen it on the news and knows what is happening with this beautiful state. After the US military had left, the Taliban took over very quickly, and **turned the whole country upside down - starting with their rule, which is very extreme and dangerous.** What will be the result, we have yet to see in the months/years/decades to come.

I would like you to think about how lucky we are; we live in a free world where one can express freely, choose their profession, what to study or where to live.

Try to appreciate even the smallest things – like women having the freedom to wear whatever they desire, or freely drive a car, pick up work. These days men and women in Afghanistan don't have that privilege and, in my opinion, for a long time ahead they will not have it.

Be grateful, we are blessed.

Thanks for reading us!



Creative Editor: Peter Kalocsai

MEDIA OF THE PAST

QUOTE FOR THE DAY

“When we strive to become better than we are, everything around us becomes better too.”



LEDENIKA CAVE

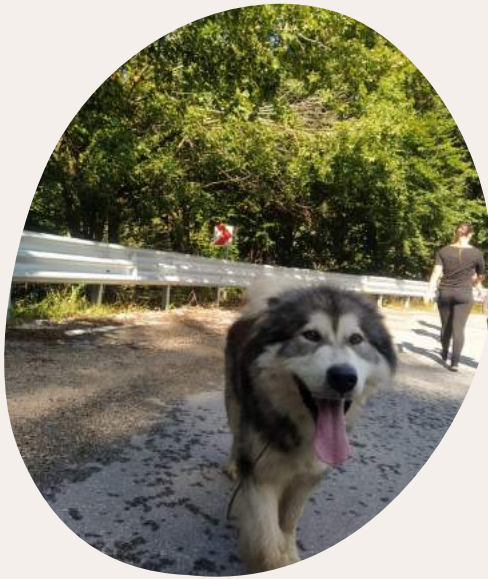
BY ELENA

Ledenika is a cave in the Bulgarian city, Vratsa. The cave features an abundance of galleries and impressive karst formations including stalactites and stalagmites. It was first discovered around the beginning of the 20th century and has been open to tourists since 1961. Ledenika Peak on Graham Land in Antarctica is named after the cave, in recognition of its cultural importance.

Life for content. Each of us is an Insta Blogger. This statistic was carried out after the trips to "Ledenika". In order not to lose followers on Instagram, young people are ready to exhaust the battery on the phone to make a content, and to have more likes enter a cave (which looks better than Moldova) .The mysterious cave had to listen to a lot of swearing such as fuck, oh my God and shit. On the way there, young people were accompanied by a varied playlist. In this journey the word "car" became a play that could take lives and each player had only one .The rules of this game sounded to do your best not to step in front of the car.

Also they were accompanied by dogs and horses (which looked better than my face with a hangover). In the end, the young people were tired but happy that their instagram will be full of new content.





On our way there an uninvited guest joined us. Everybody was pleased by their company.



Horses by the side of the road created a beautiful distraction from long-lasting walk.



SPEED DATING

BY ALECIA



Speed date, 3 minutes to fall in love. Or even not. The other night the table where we eat was transformed into a living room and there were many appointments. The result was better than everyone expected: no date has turned into love, as far as we know, but an air of friendship, of fun, of the desire to know and hear what the other has to say has been created. It was very interesting to see how in three minutes all the participants were able to open up with others, laugh and communicate about themselves.

What everyone has understood is that in 3 minutes you cannot understand what a person is like, but the desire to get to know him better can grow a lot.



INTERVIEW WITH THE WINNER

BY NUSA

How do you feel as a winner?

I don't feel any differently than any other day, but I'm really honored to receive such an important title. As they were announcing the winner, I was wondering who it's going to win. I really didn't expect it to be me.

Which tactics did you use?

I had quite a few. First, before I sat down I looked in to the dates eyes and then asked: "If he/she feels a little bit hot in the room." That is when I took off my cardigan seductively. I also told my date, that if it's too loud for them, we could go somewhere alone ;). This was the first step to they're hearts.

Did you like the speed dating overall?

Yes, it was one of the best experiences I had on the exchanges. I think this was a really nice way to talk to every person in the room and creating a base for following conversations in the next days.

What was the best question you received?

I liked those that made me laugh. For example, one of the dates first questions were: "how many children do you want?" Or "Do you want serious or small talk?".

Do you have any last thoughts?

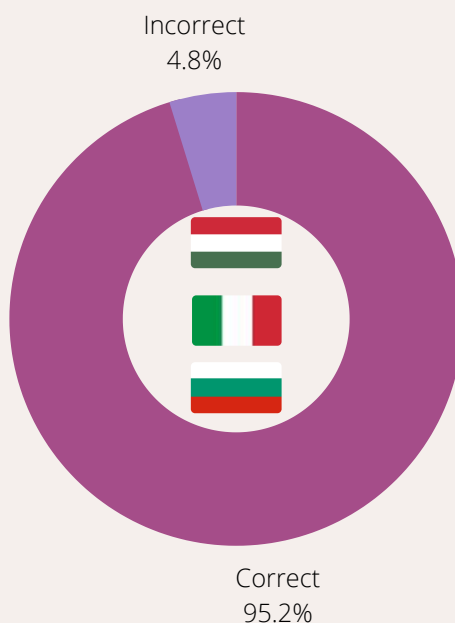
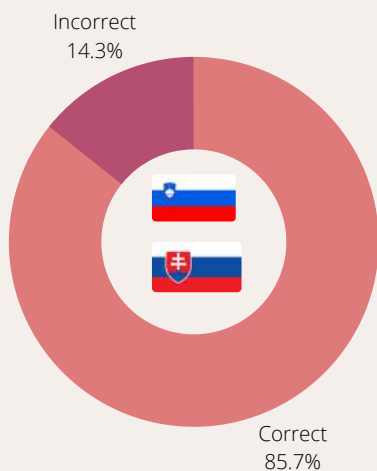
I want to thank my sisters for participating with me and my bra for supporting them.



POP QUIZ

HOW WELL DO YOU RECOGNISE THE FLAGS OF YOUR ERASMUS PALS?

BY VIKTOR



A WORD FOR A WORD

A SMALL DICTIONARY TO HELP YOU BE IN TOUCH WITH OTHERS

BY VIKTOR

Moldova

Thank you - Mulțumesc
You're welcome -Bine ați venit

Italy

Thank you - Grazie
You're welcome - Prego

Slovakia

Thank you - Ďakujem
You're welcome - Prosim

Slovenia

Thank you - hvala
You're welcome - prosim

Hungary

Thank you - Köszönöm
You're welcome - Szívesen

Bulgaria

Thank you - Blagodarya
You're welcome - Molya



EDITOR IN CHIEF ADRIANA



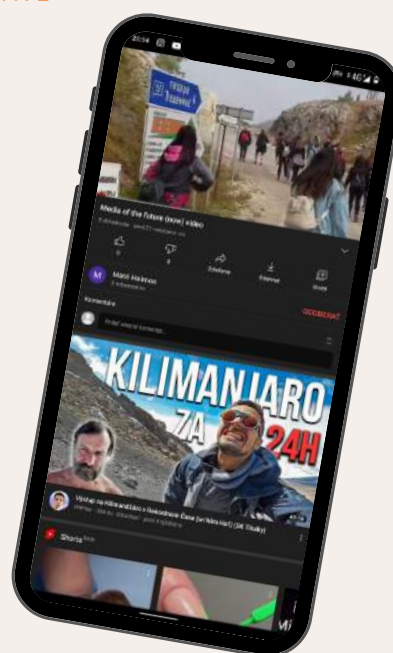
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SPECIAL THANKS TO AYO, WHO MADE AMAZING DRAWINGS OF OUR CRUE!

VIDEO

WE MADE EXCLUSIVE VIDEO ABOUT YESTERDAY. CHECK IT OUT BY SKANNING THE QR CODE :D

BY MATE



MEDIA OF THE PAST

YESTERDAY IS HISTORY, TOMORROW
IS A MYSTERY, BUT TODAY IS A GIFT.
THAT IS WHY IT IS CALLED THE
PRESENT.

- MASTER OOGWAY

INVESTIGATIVE JOURNALISM

BY DÓRI KAJTÁR

Two journalists from Zov News, Maria Dimitrova and Savina Ezekieva visited us this morning to talk about fact-finding journalism and corruption cases. We asked some members of the audience about their impressions of the presentation. We received the following answers:

„I really enjoyed Maria’s presentation. I didn’t know much about it before, I wasn’t familiar with it, but after the presentation I got a really good insight about her (their) work. They must be really brave!” **Mija**

„Insightful! Maria’s story was filled with scandal, mystery and bravery a-plenty.” **Nora**

„It was a great experience listening to investigative journalist. It was very insightful.” **Jus**

„I liked it a lot, especially the part with digital media.”
Daniella

„The presentation was very informative and I’m happy we could hear real-life experience from an investigative journalist.” **Raya**

Thanks to Maria and Savina for the breath taking presentation and we wish them much more success in their work!



BULGARIAN FOOD

BY SARA STADLER

We are feasting on bulgarian amazing food and so it is fair that we also learn a little bit about it. I will represent you few things we already tried;

“Shopska salata” is salat with tomatoes, cucumbers, onions, peppers, fresh parsley and grated white cheese.

“Kebabche” is made out of grilled minced meat.

“Printsesa” is bulgarian kind of fast food. That is a sandwich with single sliced white bread topped with cheese or minced meat and than grilled in the oven.

“Lukanka” is salami you could try at the breakfast (if you're not vegetarian).

“Mekitsa” is deep fried dough very similar to hungarian langos.

“Prazheni kartofi sas sirene” is simply french fries with added grated white cheese on top.

“Palneni chushki” is filled peppers with minced meat and rice which is also very popular in other Balkan countries.

“Chushka byurek” is a vegetarian version of stuffed peppers and is filled with cheese.



There are also few very typical dishes we need to try before Friday. As I was informed from the Kitchen we will try

“Moussaka” which is similar to Lasagne but the meat is layerd with potatoes instead of pasta dough.

Another mouthwatering dish is **“Sarma”** which is well known to all the Slavs. This is a stuffed grape leave or cabbage leave with minced meat.

“Kyufte” - meat balls made out of pork meat.

“Skhembe” is a soup made out of tripe.

I would like to thank the hotel kitchen for good food. I am looking forward to try another traditional bulgarian dishes.



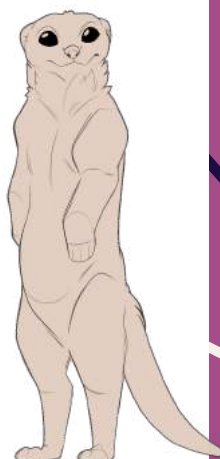


INTRUDOR 2.0

BY EDITOR IN CHIEF - RADKA MASIARČINOVÁ

When u wake up in the morning u usually expect to see the sun shining through the blinds or to be excited for breakfast, however not everything goes as we plan.

Sometimes I think to myself what should I do to wake up more in the morning because nights with 4 hours of sleep are really not enough for me but Bulgaria has its own way to fulfill my wishes (even tho the sleep was the longest I had so far in here). It started as a normal morning I went to get dressed so I opened up my suitcase and what can't I see there, a spider. It was a really terrific sight after I just woke up. We didn't know how to get rid of it because if u tried to get him, he started to run the other way. I panicked because of my fear of spider but Adriana saved the day/morning. She was the man of the hour. She took my hodie threw it onto the ground, took the spider in a tissue and tossed it out of the balcony. We don't know if it survived, but we hope it did. Everything is better than for it be in my clothes.



OH NO...

BY VICTORIA PREGUZA



Every article starts with sensational news, but I will start with Daniela. Her crazy morning made my day. What happened you may ask? Well..even the best apartments have some problems. Our has a broken door and Daniela felt it the most.

08:30 A strange noise, Elena and I were very confused. The first that came to our mind was the donkey but then we realised that donkeys can't scream "HEEEEEELP". Daniela got stuck in the bathroom. She was so scared that she started to laugh and cry at the same time. What were we supposed to do? We couldn't open the door, so I went to Raya in order to ask for help. 10 minute passed by and thanks to Raya, Daniela was finally free. Being terrified she thought that she would never get out, luckily that wasn't the case. So, that's how Daniela's insane morning started. I bet she will remember it forever.

Yes it is not as bad as a scorpion but still if u see something like that in ur clothes u get paranoid after that.



TELL ME WHAT SOCKS YOU'RE WEARING AND I'LL TELL YOU WHO YOU ARE

BY ANDREA COCCO

One of the things that impressed me the most are certainly the various socks that we have had the opportunity to admire every day. But did you know that what you wear says a lot about your personality? Crazy socks, like Samuel's in this photo, project a more lively, upbeat, creative and charming image of you. If you like colored socks, according to science, you are smarter and have a better chance of being successful. With a different and nice socks you can have brave personality. It can immediately declare who you are and affirm your personality. Anyone who has worn that type of sock at least once belongs to a secret organization. It is as if wearing these socks were a code signal, which you send to those like you, who are part of Team Crazy Kiparis People.



JUST REMEMBER...

BY HUDDOX



MEDIA OF THE PAST

POSITIVE VIBES

AND

NEGATIVE TESTS

IN THIS ISSUE

Erasmus starter pack

Vratsa trip

Bulgarian pizza - does it pass the Italian test?

"Oh Media"

Catch me if you can

What is home for you?

The free-riders

ERASMUS STARTER PACK

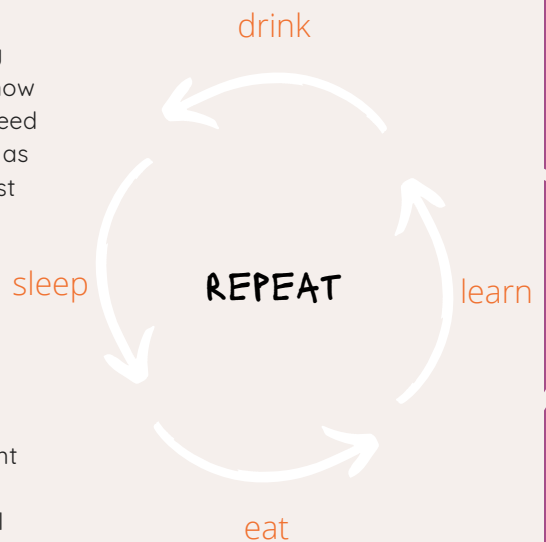
BY BORQNA PAVLOVA

After almost one week into this adventure, we manage to gather some of the best tips, which might be useful to anyone in the same situation.

To start with, as you all have witnessed the low prices in Bulgaria, especially in the Vratsa Balkan, we advise you to always have around you some Vitamin C, gum and the best friend of every sleep deprived person - COFFEE. Next tip is to have an abundant number of snacks for those long hours of working and let be honest mostly for the 2 o'clock drunk munchies.

Third tip is to have in mind as many icebreaking and drinking games as you can, as we all know we won't be sleeping and we need to stay entertained for as long as we can. And it's one of the worst things to play a boring game.

There are many additional tips that can be mentioned, but the most important one is to enjoy your time and take in as much from it as you can. Make new friends, new experiences, learn some new things about different countries and of course the compulsory explicit words in all the possible new languages.



VRATSA TRIP

BY CSÍKÁSZ ANDOR AND MIJA BEZGOVŠEK

Yesterday was a day when half of participants of the Youth Exchange went on a short trip to Vratsa. The city is the biggest town in the northwestern part of Bulgaria. There they speak Bulgarian. However, they also call it "A city like the Balkan - ancient and young". The town has gotten its name from vrata, which in Bulgarian means "gate". Geographically, the town is actually situated at the foot of the Vrachanski Balkan, which is the starting point of amazing natural phenomena, for example caves, waterfalls etc.



We should not even start talking about history, which there is plenty of, instead we will also mention the kind and generous people we have met on this short visit. We think the town is absolutely a unique place you NEED to visit!

Fun facts about the trip:

There were six people (including the driver) that drove on the left side of the road. So adventurous! (picture proof below)



BULGARIAN PIZZA – DOES IT PASS THE ITALIAN TEST?

BY ERIKA CAMPUS

Yesterday in Vratsa we had a pizza taste tour. We tried two pizza restaurants, the first pizza was good, it tasted almost as Italian pizza. The second pizza we ate was comparable to a cardboard or a stone, or some cement, you know, it didn't taste like what it does back home, but the important thing is that we ate it and it was fun!!!!

LEARN MORE ABOUT THE TRIP



Scan or Click the QR code



catch me
if you can



CATCH ME IF YOU CAN

BY SIMONA PLAVCANOVA

Definition of Youth Exchange according to the Erasmus + Website says that it allows groups of people from different countries to meet, live together and work on shared projects for short period of time. We have lived together with people from 6 different countries and worked on many projects related to Media Literacy in the Non-formal way. We have seen that media literacy is very important in our lives and affects us probably much more than we thought.

I mean, we will definitely all remember how bad the situation in Moldova is, my apologies to Moldovians,

but we have also seen that the situations in all our countries is not ideal. We have to tackle similar problems, but if we fight them together, it gets easier. The saying that teamwork makes the dream work only proves it, because our Teamwork during the past few days was spectacular. Being investigative journalists is not always easy as we have experienced examining our own countries, but also heard during the presentation from two amazing journalists Maria and Savina. Their stories about what they are doing and what they have to go through to make it happen made a significant impact on each of us. But the learning never stopped after the program ends and those memories will be only ours to keep.

WHAT IS HOME?

BY PAVEL JUMINSCHI

What defines home? Is it's people? A specific place or memories during a certain period of time? I have always wondered about it, If home is a country or not, so I have bad news for Moldovans. For many people the notion of home is strongly connected to one particular place. For me that is something more. It's not just a place. It is the people, feelings, emotions. It is when I constantly smile. It is where I can be myself. My thoughts, my reaction, my interaction or sentiments. All of these creates my home because my home is not a place, my home is my life.



THE FREE-RIDERS

BY BORQNA PAVLOVA AND ANTONIYA PAVLOVA

Yesterday night was the night of surprises. First we met Johnny, who apparently has been part of our group from some time (See picture to the left). He even had his own house and toys (stones) and a flower. Poor Johnny tried to escape couple of times, but with no success. #free.Johnny. Next guest was an amazing fox, that seemed to be almost as equally interested in us as we in her. We have never seen such a brave and beautiful fox. It showed us that is sure has its advantages to be in the mountains.



THE MEDIA POEM

BY MIJA BEZGOVŠEK

Media, media,
you're like a wikipedia,
deep and big,
sometimes like guinea pig.
Are we all literate
or do we rather have a cigaret?
Do we ask ourselves what we read
or do we rather put our knowledge to
bleed?
Why should I believe in you,
if you have no clue?
If I knew,
I'd rather go to the zoo.
Be media literate,
be no others, be different.
Think critically,
a little bit politically.
You're life is all you have,
don't put it into a cave!
Show your interest,
be media literate!

THANK YOU ALL FOR YOUR AMAZING CONTRIBUTION, PARTICIPATION, AND ENERGY



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